

Bug Repellent Spray



Ingredients:

- 1 oz. witch hazel (I like to infuse mine with catnip)
- 1 oz. grapeseed oil
- 35 drops citronella essential oil
- 20 drops peppermint essential oil
- 15 drops lemon essential oil
- 15 drops lemongrass essential oil
- 15 drops cedarwood essential oil

Instructions:

Combine all of the ingredients into a spray bottle.

To Use:

Shake before each use and apply every 2 hours or so. The oil in this blend helps to keep the volatile essential oils on the skin longer but if you are concerned with staining clothing you could use Vodka alcohol instead (rubbing alcohol is way to strong).