



3/4 cup witch hazel
6 tablespoons herbs (see below, mix and match or use just one)
Infuse the herbs into the witch hazel, leaving you with 2/3 cup infused witch hazel.

Add:

1/3 cup aloe vera liquid
20-30 drops essential oil

To Use:

Apply every evening with a cotton pad, after your skin cleansing routine. Apply moisturizer over the toner while your skin is still moist.

Skin Care Herbs:

Plantain (acne prone)	Calendula
Comfrey (acne prone)	Rose Petals
Rosemary (acne prone)	Chamomile
Lavender	Yarrow

Skin Care Essential Oils:

Frankincense	Rose
Helichrysum	Palmarosa
Myrrh	Chamomile
Carrot Seed	Sandalwood
Lavender	Vetiver

More extensive list found at <http://www.anniesplacetolearn.com/blog/diy-herbal-facial-toner>