

## Harvest Tomato Dip (or Salad)



### Ingredients:

- 2 1/2 cups fresh corn kernels (slice the kernels off about 5 ears of corn)
- 1 avocado, cut into cubes and sprinkled with real salt
- handful or two of cherry tomatoes, cut in half
- 2 Tbsp. chopped chives
- 1/4 cup chopped cilantro
- 1 Tbsp. lime juice
- 2 Tbsp. olive oil
- 1/4 tsp. garlic salt

### Instructions:

Whisk the oil and lime juice together and pour over other ingredients in a bowl, stir well and serve as either a salad or dip with your favorite chips.